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| Personal and Social Behavior 9-12th Grade |
| 4 | * Assumes leadership role in physical activity setting. (Personal Responsibility S4.H2)
* Cooperates with multiple classmates and initiates problem solving. (Working with Others S4.M5)
* Seeks out different points of view while embracing diversity in others. (Working with Students DMPS CER)
* Provides encouragement and feedback to peers without prompting. (Accepting Feedback S4.M3)
* Consistently always arrives on time and prepared for class. (Personal Responsibility DMPS CER)
* Plans and implements a program of cross-training to include aerobic, strength and endurance, and flexibility. (Engages in Physical Activity S3.M4)
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| 3 | **The Student:*** **3A-**Arrives on time and prepared for class. (DMPS CER Academic Conduct)
* **3B-** Exhibits proper etiquette, respect for others and teamwork while engaging in physical activity and/or dance. (Rules and Etiquette S4.H2)
* **3C-** Uses communication skills and strategies to solve problems and think critically to promote team or group dynamics during physical activity. (Working with Others S4.H3/4)
* **3D-**Solves problems and things critically in physical activity or dance settings, both as an individual and in groups (Working with others S4.H4.L1)
* **3E-** Accepts and applies others’ ideas, cultural diversity, and body types by engaging in cooperative and collaborative movement projects. (Working with others S5.H4.L2)
* **3F-**Applies best practices for participating safely in physical activity, exercise and dance (e.g., injury prevention, proper alignment, hydration, use of equipment, implementation of rules, sun protection) (Safety S4.H5.L1)
 | **Year Long-Learning Targets/Activities** * **3A-** I am learning how to consistently be on time and prepared for class.

**-**Setting the scoreboard buzzer to help remind students**-**Routines in place to get students out of the locker room* **3B-** I am learning demonstrate responsible social behaviors by cooperating with my classmates and showing respect for our equipment.

**-**Positive Classroom Management reinforcement strategies**-**Class of the Week**-**Student Helper of the Month/Week * **3C/D-**I am learning how to monitor myself throughout physical activities and games by using rules and guidelines for resolving conflict.

-Have student leaders create guidelines for resolving conflict-Self-officiating exercises-Examples/Non-examples* **3E-**I am learning how to accept and apply others’ ideas, cultural diversity, and body types by engaging in cooperative and collaborative movement projects.

**-**Discussions about critiques/feedback/positive/negative/etc.* **3F-**I am learning how use our equipment appropriately and safely.

**-**Examples/non-examples**-**Safety for equipment/student led |
| 2 | **The Student:*** **2A-**Sometimes arrives on time and prepared for class. (DMPS CER Academic Conduct)
* **2B-**Sometimes demonstrates responsible social behaviors by cooperating with classmates, demonstrating respect for facilities. (Personal Responsibility S4.M1)
* **2C-**Identifies the rules and etiquette for physical activities, games and dance activities. (Rules and Etiquette S4.M6)
* **2D-**Demonstrates cooperation skills by establishing rules and guidelines for resolving conflict. (Working with Others S4.M4)
* **2E-**Listens respectfully to corrective feedback from others. (Accepting Feedback S4.E3)
* **2F-**Knows how to use physical activity and fitness equipment appropriately and safely. (Safety S4.M7)
 | **Learning Target/Activities*** **2A-** I am learning how to take personal responsibility for being prepared and on time for class.

**-**Rules/Procedures/Routines* **2B/C/D-** I am learning how to demonstrate responsible behaviors by cooperating with others, demonstrating respect for equipment, following rules, while resolving conflict.

**-**Establishing social contracts, rules, building wide rules, PBIS* **2E-** I am learning how to listen respectfully to corrective feedback from others.

**-**PBIS, Classroom rules, Positive reinforcement* **2F-**I am learning how to continue to use physical activity equipment appropriately and safely.

**-**Show/demonstrate examples/non-examples |
| 1 | * Student’s performance reflects insufficient progress towards foundational skills and knowledge.
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