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| Volley Underhand-5th Grade |
| 3Learning Goal | **Students:*** **3A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, within a teacher/game defined boundary while demonstrating critical elements. **(S1.E22.5)**
* **Volley Underhand Critical Elements**
* Face the target in preparation for the volley
* Opposite foot forward
* Flat surface with hand for contact of the ball or volleybird
* Contract with ball or volleybird between knee and waist level
* Follow through upward and to the target.
 | **Pickle ball, 4-square, volleyball** |
| 2 | **Students:** * **2A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, while demonstrating 4 of the 5 critical elements or not striking within a teacher/game defined boundary.
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| Volley Underhand-4th Grade |
| 3Learning Goal | **Students:*** **3A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, while demonstrating critical elements. **(S1.E22.4)**
* **Volley Underhand Critical Elements**
* Face the target in preparation for the volley
* Opposite foot forward
* Flat surface with hand for contact of the ball or volleybird
* Contract with ball or volleybird between knee and waist level
* Follow through upward and to the target.
 | **Pickle ball, 4-square, volleyball** |
| 2 | **Students:** * **2A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, sending it forward over a net, to the wall or over a line to a partner, while demonstrating 4 of the 5 critical elements.
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| Volley Underhand-3rd Grade |
| 3Learning Goal | **Students:*** **3A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, sending it forward demonstrating 4 of the 5 critical elements. **(S1.E22.3)**
* **Volley Underhand Critical Elements**
* Face the target in preparation for the volley
* Opposite foot forward
* Flat surface with hand for contact of the ball or volleybird
* Contract with ball or volleybird between knee and waist level
* Follow through upward and to the target.
 | **Volleyball, 4-square, pickleball,**  |
| 2 | **Students:** * **2A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, sending it forward over a net, to the wall or over a line to a partner, while demonstrating 2 of the 5 critical elements.
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| Volley Underhand-2nd Grade |
| 3Learning Goal | **Students:*** **3A-**Strikes (volleys) an object upward with 5 consecutive hits. **(S1.E22.2)**
 | **Balloon activities, Don’t touch the ground,**  |
| 2 | **Students:*** **2A-**Strikes (volleys) an object upward with 3-4 consecutive hits
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| Volley Underhand-1st Grade |
| 3Learning Goal | **Students:*** **3A-**Strikes (volleys) an object with an open palm, sending it upward. **(S1.E22.1)**
 | **Balloon activities, Don’t touch the ground,**  |
| 2 | **Students:*** **2A-**Strikes (volleys) an object with a non-open hand
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| Volley Underhand-Kindergarten |
| 3Learning Goal | **Students:*** **3A-**Strike (volley) a lightweight object (balloon) sending it upward. **(S1.E22.K)**
 | **Balloon activities, Don’t touch the ground,**  |
| 2 | **Students:** * **2A-**Strike (volley) a lightweight object (balloon) goes in different directions rather than upwards
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Volley-To strike or give impetus (the force or energy in which a body moves) to an object by using a variety of body parts

National Standards and Grade Level Outcomes for K-12 Physical Education-SHAPE