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| Volley Underhand-5th Grade | | |
| 3  Learning Goal | **Students:**   * **3A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, within a teacher/game defined boundary while demonstrating critical elements. **(S1.E22.5)** * **Volley Underhand Critical Elements** * Face the target in preparation for the volley * Opposite foot forward * Flat surface with hand for contact of the ball or volleybird * Contract with ball or volleybird between knee and waist level * Follow through upward and to the target. | **Pickle ball, 4-square, volleyball** |
| 2 | **Students:**   * **2A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, while demonstrating 4 of the 5 critical elements or not striking within a teacher/game defined boundary. |  |

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| Volley Underhand-4th Grade | | |
| 3  Learning Goal | **Students:**   * **3A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, while demonstrating critical elements. **(S1.E22.4)** * **Volley Underhand Critical Elements** * Face the target in preparation for the volley * Opposite foot forward * Flat surface with hand for contact of the ball or volleybird * Contract with ball or volleybird between knee and waist level * Follow through upward and to the target. | **Pickle ball, 4-square, volleyball** |
| 2 | **Students:**   * **2A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, sending it forward over a net, to the wall or over a line to a partner, while demonstrating 4 of the 5 critical elements. |  |

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| Volley Underhand-3rd Grade | | |
| 3  Learning Goal | **Students:**   * **3A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, sending it forward demonstrating 4 of the 5 critical elements. **(S1.E22.3)** * **Volley Underhand Critical Elements** * Face the target in preparation for the volley * Opposite foot forward * Flat surface with hand for contact of the ball or volleybird * Contract with ball or volleybird between knee and waist level * Follow through upward and to the target. | **Volleyball, 4-square, pickleball,** |
| 2 | **Students:**   * **2A-**Strikes (volleys) an object with an underhand or sidearm striking pattern, sending it forward over a net, to the wall or over a line to a partner, while demonstrating 2 of the 5 critical elements. |  |

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| Volley Underhand-2nd Grade | | |
| 3  Learning Goal | **Students:**   * **3A-**Strikes (volleys) an object upward with 5 consecutive hits. **(S1.E22.2)** | **Balloon activities, Don’t touch the ground,** |
| 2 | **Students:**   * **2A-**Strikes (volleys) an object upward with 3-4 consecutive hits |  |

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| Volley Underhand-1st Grade | | |
| 3  Learning Goal | **Students:**   * **3A-**Strikes (volleys) an object with an open palm, sending it upward. **(S1.E22.1)** | **Balloon activities, Don’t touch the ground,** |
| 2 | **Students:**   * **2A-**Strikes (volleys) an object with a non-open hand |  |

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| Volley Underhand-Kindergarten | | |
| 3  Learning Goal | **Students:**   * **3A-**Strike (volley) a lightweight object (balloon) sending it upward. **(S1.E22.K)** | **Balloon activities, Don’t touch the ground,** |
| 2 | **Students:**   * **2A-**Strike (volley) a lightweight object (balloon) goes in different directions rather than upwards |  |

Volley-To strike or give impetus (the force or energy in which a body moves) to an object by using a variety of body parts

National Standards and Grade Level Outcomes for K-12 Physical Education-SHAPE