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| Underhand Throw-2rd Grade | | | |
| 3  Learning Goal | **Demonstrate they have developed the ability to:**   * **Throws underhand using a mature pattern:** * Face target in preparation for throwing action * Arm back in preparation for action * Step with opposite foot as rolling arm moves forward * Release ball between knee and waist level * Follow through to target | Bowling, junk out of my yard, pin down, underhand toss |
| 2 | **Students demonstrate they have developed an understanding of (or ability to):**   * Throws underhand demonstrating 3 of the 5 critical elements of a mature pattern **(S1.E13.2)** |  |

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| Underhand Throw-1st Grade | | |
| 3  Learning Goal | **Demonstrate they have developed the ability to:**   * Throws underhand demonstrating 3 of the 5 critical elements of a mature pattern**: (S1.E13.1)** * **\*Face target in preparation for throwing action** * **\*Arm back in preparation for action** * **\*Step with opposite foot as rolling arm moves forward** * Release ball between knee and waist level * Follow through to target | Bowling, junk out of my yard, pin down, underhand toss  **Priorities with critical elements:**   1. Face target 2. Arm back 3. Step with opposite foot |
| 2 | **Students demonstrate they have developed an understanding of (or ability to):**   * Throws underhand with opposite foot forward |  |

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| Underhand Throw-Kindergarten | | |
| 3  Learning Goal | **Demonstrate they have developed the ability to:**  **Throws underhand demonstrating 2 of the 5 critical elements of a mature pattern: (S1.E13.1)**   * **\*Face target in preparation for throwing action** * Arm back in preparation for action * **\*Step with opposite foot as throwing arm moves forward** * Release ball between knee and waist level * Follow through to target | Bowling, junk out of my yard, pin down, underhand toss  Step with opposite foot forward has to be one of the critical elements |
| 2 | **Students demonstrate they have developed an understanding of (or ability to):**   * Throws underhand with opposite foot forward |  |