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| Underhand Throw-2rd Grade |
| 3Learning Goal | **Demonstrate they have developed the ability to:*** **Throws underhand using a mature pattern:**
* Face target in preparation for throwing action
* Arm back in preparation for action
* Step with opposite foot as rolling arm moves forward
* Release ball between knee and waist level
* Follow through to target
 | Bowling, junk out of my yard, pin down, underhand toss |
| 2 | **Students demonstrate they have developed an understanding of (or ability to):** * Throws underhand demonstrating 3 of the 5 critical elements of a mature pattern **(S1.E13.2)**
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| Underhand Throw-1st Grade |
| 3Learning Goal | **Demonstrate they have developed the ability to:*** Throws underhand demonstrating 3 of the 5 critical elements of a mature pattern**: (S1.E13.1)**
* **\*Face target in preparation for throwing action**
* **\*Arm back in preparation for action**
* **\*Step with opposite foot as rolling arm moves forward**
* Release ball between knee and waist level
* Follow through to target
 | Bowling, junk out of my yard, pin down, underhand toss**Priorities with critical elements:**1. Face target
2. Arm back
3. Step with opposite foot
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| 2 | **Students demonstrate they have developed an understanding of (or ability to):** * Throws underhand with opposite foot forward
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| Underhand Throw-Kindergarten |
| 3Learning Goal | **Demonstrate they have developed the ability to:****Throws underhand demonstrating 2 of the 5 critical elements of a mature pattern: (S1.E13.1)*** **\*Face target in preparation for throwing action**
* Arm back in preparation for action
* **\*Step with opposite foot as throwing arm moves forward**
* Release ball between knee and waist level
* Follow through to target
 | Bowling, junk out of my yard, pin down, underhand tossStep with opposite foot forward has to be one of the critical elements |
| 2 | **Students demonstrate they have developed an understanding of (or ability to):** * Throws underhand with opposite foot forward
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