



**COME HERE.
BECOME HERE.**

1 September 2023

SF 391 (2023): A student shall be excused from the physical education requirement if the parent or guardian of the student requests that the student be excused from the physical education requirement and the student meets any of the following constraints:

- The student is seeking to be excused from a PE course in order to enroll in academic courses not otherwise available to the student (i.e., a full academic schedule).
- The student participates in a work-based learning program or other educational program authorized by the school which requires the student to leave the school premises for specified periods of time during the school day, thus inhibiting the student's ability to enroll in a PE course (e.g., if Travel to Central Campus or other approved WBL program creates a full schedule).
- The student participates in an activity that is sponsored by the school which requires at least as much physical activity per week as one-eighth unit per semester (900 minutes per semester) of physical education (e.g., school-sponsored athletics, show choir, marching band, etc.).

PE exemption under SF 391 negates the graduation requirement of 1.0 physical education credits if a student is approved for an exemption all four years of high school.

Unchanged:

- JROTC exemption/PE credit.
- Religious and medical exemptions.
- Contract PE criteria.
- Legislative Page Program Exemption (SF 517, 2021)
- CPR Requirements—students exempt from PE are not automatically exempt from CPR and must still complete the CPR requirements for graduation.
 - Students may be exempt from the CPR graduation requirement if (a) they are physically/medically unable to complete it, (b) it conflicts with their religious beliefs, or (c) they received certification from an outside organization.

Students who are completing a fifth year (or more) of high school are not required to enroll in a physical education class, providing they have met the requirements for graduation:

1. 1.0 credit in PE, and
2. at least one semester each year of their first four years of high school,

or they are exempt from PE (religious, medical, or exemption under SF 391 or SF 517).

Parents and guardians can find the exemption request form at pe.dmschools.org/high-school. Please contact the Curriculum Coordinator with questions.

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Teaching and Learning

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