

Net/Wall Games- Underhand Throw 6th and 7th Grade

4	<ul style="list-style-type: none"> o In addition to scoring 3.0 performance, the student demonstrates in-depth inferences and application that go beyond the target. o Investigate and defend a decision/plan around the appropriate challenge to experience success. 	<h3>Learning Targets and Activities</h3>
3	<p>Demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> o 3A- Executes consistently (at least 70% of the time) a mature underhand pattern for target games such as bowling, bocce, or horseshoes. (SI.M18.7) 	
2	<p>Demonstrate they have developed the ability to: recognize or recall</p> <ul style="list-style-type: none"> o 2A- Demonstrates a mature underhand pattern for a modified target game such as bowling, bocce, or horseshoes. (SI.M18.6) o VOCABULARY such as: underhand roll, underhand throw, underhand toss, release, target, and accuracy. 	<p>2A- I am learning how to roll the ball underhand to a close target.</p> <p>Activities:</p> <ul style="list-style-type: none"> • Stations for feedback • Small court games • Tape Zone throws • Bag toss • Junk in my yard • Pin Down • Bracket play • Tic Tac Toe • Pin down • Serve in a box <p>2B- I am learning how to identify the necessary vocabulary such as: underhand roll, underhand throw, underhand toss, release, target, and accuracy.</p>

Success Criteria:

Mature Pattern:

- Face target in preparation for throwing action.
- Arm back in preparation for action.
- Step with opposite foot as throwing arm moves forward.
- Release ball between knee and waist level (or below knee for bowling)

- Follow through to target.

Underhand Throw-8 th Grade		Learning Targets and Activities
4	<ul style="list-style-type: none"> ○ In addition to scoring 3.0 performance, the student demonstrates in-depth inferences and application that go beyond the target. 	<p>3A- I am learning how to demonstrate an underhand throw/roll with accuracy.</p> <p>Activities:</p> <ul style="list-style-type: none"> • Tournament • 2 v 2 • Tic Tac Toe
3	<p>Demonstrate they have developed the ability to:</p> <ul style="list-style-type: none"> ○ 3A- Demonstrate consistently (70% of the time) a mature underhand roll/throw with accuracy <u>and</u> control for one target game such as bowling or bocce. 	
2	<p>Demonstrate they have developed the ability to: recognize or recall</p> <ul style="list-style-type: none"> ○ 2A- Demonstrates a mature underhand pattern for a modified target game such as bowling, bocce, or horseshoes. (SI.M18.6) ○ 2B- Identify specific vocabulary such as: underhand roll, underhand throw, underhand toss, release, target, and accuracy. 	<p>2A- I am learning how to serve consistently to a target.</p> <p>Activities:</p> <ul style="list-style-type: none"> • Underhand serve to hula hoop • Tic Tac Toe • Pass and Receive • Square tape/wall <p>2B- I am learning how to identify the necessary vocabulary such as: underhand roll, underhand throw, underhand toss, release, target, and accuracy.</p>

Success Criteria:

Mature Pattern:

- Face target in preparation for throwing action.
- Arm back in preparation for action.
- Step with opposite foot as throwing arm moves forward.
- Release ball between knee and waist level (or below knee for bowling)
- Follow through to target.